# Lyall Community Church

# ANNOUNCEMENTS 9/22/24 Scheduled Events

# September

September 24 Yoga, 11:00
September 25 CARs, 2:30
September 29 Homecoming
Sunday Barbecue

following services

September 29 Larry Ham & Friends Jazz Concert, 4:00

### October

October 1 Yoga, 11:00
October 2 CARs, 2:30
October 2 Bible Study, 11:00
October 3 Lyall Lunch, 11:30
October 8 Yoga, 11:00

October 8 Yoga, 11:00
October 8 Leftover Lunch, 12:30
October 9 Bible Study, 11:00
October 9 CARs, 2:30
October 10 Lyall Lunch, 11:30
October 15 Yoga, 11:00
October 15 Leftover Lunch
October 16 Bible Study, 11:00
October 16 CARs, 2:30
October 17 Lyall Lunch

October 16 October 16 October 17 Lyall Lunch October 22 Yoga, 11:00 October 22 Leftover Lunch October 23 Bible Study, 11:00 October 23 CARs, 2:30 October 24 Lyall Lunch, 11:30 October 29 Yoga, 11:00 October 29 Leftover Lunch October 30 Bible Study, 11:00 October 30 CARs, 2:30

October 31 Lyall Lunch, 11:30

Halloween

### November

October 31

November 5	Yoga, 11:0;;
November 6	Bible Study, 11:30
November 6	CARs, 2:30
November 7	Lyall Lunch
November 12	Yoga
November 13	CARs

November 14 Lyall Lunch

November 17 New Member Orientation

November 19 Yoga, 11:00 November 20 CARs, 2:30 November 21 Lyall Lunch

### December

December 3 Yoga, 11:00 December 4 **CARs** December 5 Lyall Lunch December 8 Community Choir Christmas Concert at Lvall December 10 Yoga, 11:00 December 11 CARs, 2:30 December 12 Lvall Lunch December 15 New Member Sunday

December 17 Yoga, 11:00
December 18 CARs, 2:30

December 19 Lyall Lunch

### **Prayers**:

Pastor Thom receives prayer requests from members of our church family, our community, the country, and world. Please pray for the family and friends of Louise Miller, Trish Adams, Corey Phillips, Margaret Gowara, Charlene Gay, Guy Lavalle, and Anne VanVlack, and Vincent Pizzimenti. We also pray for the healing of Rebecca Lyczkowski D'Alessio, Fran Barndt, Colleen Kleinganz, Bernadette Lancevich, Jeremy and Teresa Gould, Joe Credle, Dorothy Myler, Donna Cervoni, Jean Armstrong, Marion Bennett, Charles Drew, Sharon Topp.

We pray for Rebecca Lyczkowski D'Alessio, who is undergoing tests.

**Marion Bennett** has moved to Maryland. Her new address is:

Marion Bennett

Brookdale at Woodward Estates

14997 Health Center Drive

Room 106

Bowie, MD 20716

Pastor Thom is wondering: when you think of a church, what is a <u>hard no?</u> And, when you think of a church, what <u>must</u> happen?" Jot down your thoughts and drop them in the offering plate, or on the table in tack of the sanctuary. Thanks!

# **Homecoming Sunday, September 29**

Our annual Homecoming will be held next Sunday following worship. Weather permitting, we will set up outdoors. We will need volunteers to set up the tables and chairs, organize the food, paper plates, etc., operate the grill, and help clean up afterwards. We will also, of course, need food. There is a white board set up in the back of the sanctuary. Please indicate what food(s) you will bring. And don't forget, Larry Ham and his quartet will be playing for us that afternoon in the sanctuary at 4:00 pm. Fun day!

### **Choir Practice**

Choir Practice is held on Wednesday evenings at 7:30 pm.

### **Anti-Racist Study Group**

The Anti-Racist Study Group is reading *Please Stop Helping Us* by Jason L. Riley. The group meets via Zoom on Mondays at noon. If you are interested in joining, please contact Cat Greenstreet at <a href="mailto:catgreenstreet@gmail.com">catgreenstreet@gmail.com</a> or Pastor Thom.

### **Food for Folks:**

For the month of September, our Food for Folks Pantry would like to stock up on Peanut Butter & Jelly.

Diane Moretti, (845) 242-6508.

Celebration Bags for Food Pantries: The congregation continues to be generous to the children of our area by providing birthday bags that include cake mix, frosting, and sprinkles. A friend of Lynn's is providing a birthday card for each child. Our intent is to continue this as a year-round effort.

### **Meals on Wheels:**

Meals on Wheels is seeking kitchen volunteers and drivers to help deliver meals. If you would like to know more, please contact John Hummel: (845) 677- 4235.

mealsonwheels@lyallcommunitychurch.org.

# **Exercise Class, CARs:**

Wednesdays at 2:30 pm, in the Gathering Room (new wing). Join us for one class, or all four. Wear comfortable clothing. We will stand or sit as we are able.

# Chair Yoga:

# Classes begin at 11:00 am on Tuesdays

Chair Yoga is one of the most gentle forms of yoga. This class is accessible for everyone. No previous yoga experience is necessary. You can enjoy its many benefits without having to get up or down from the floor. Benefits include increased balance, strength, flexibility, range of motion and stress reduction.

Our instructor, Rachel Baez, will be traveling during the month of October. We will continue to hold the Tuesday morning Yoga class, but will use a YouTube video, and guide ourselves through our postures. We may not be perfect, but we'll keep moving!

**Looking ahead...** As we move toward our 100<sup>th</sup> Anniversary, please look around for any old photographs you have of Lyall Church and our congregants and friends, events, and memories. It's a good time to gather them and we'll put together a Lyall memory album.

### **Contact Information:**

I am planning to up-date our Contact List. Please fill out the form we've placed on the table in the back of the sanctuary. Even if you've been here at Lyall forever, it is possible that your contact information has changed – or not. So please fill out the form and leave it for me, give it to me, or send it to me. We do have an obligation under Section 501(c)(3) to keep an up-to-date list of our membership, so lets get this done. Thanks! Alice

**Quaker Meeting** every Sunday morning at 9:00 am, there is a Quaker meeting at the Nine Partners Meeting House. Everyone is welcome for an hour of quiet contemplation before worship.